

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Smet Lieselotte HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 09:00
Heat: 2/27 Lane : 8 Athlete: AUDENAERT LORE			Q-time: 01:39:20
PB (50m pool): 01:37.40 Antwerpen 15/03/2026			PB (25m pool): no time SB: 01:37.40 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:42.90	01:37.40	
	00:42.90	00:54.50	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 09:05
Heat: 3/27 Lane : 0 Athlete: RABAEYS LAURE			Q-time: 01:30:29
PB (50m pool): 01:30.29 Gent 08/02/2026			PB (25m pool): 01:24.58 SB: 01:30.29 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:41.11	01:30.29	
	00:41.11	00:49.18	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 09:05
Heat: 3/27 Lane : 1 Athlete: VAN DER PLAS SANNE			Q-time: 01:29:38
PB (50m pool): 01:29.38 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:22.35 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.05	01:29.38	
	00:42.05	00:47.33	
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:7, starttime: 09:10
Heat: 7/27 Lane : 1 Athlete: VANSIELEGHEM AMBER			Q-time: 01:19:31
PB (50m pool): 01:18.96 Antwerpen 15/03/2026			PB (25m pool): 01:21.31 SB: 01:18.96 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:37.10	01:18.96	
	00:37.10	00:41.86	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:15, starttime: 09:25
Heat: 15/27 Lane : 3 Athlete: ANSEEUW LIEZE			Q-time: 01:09:92
PB (50m pool): 01:08.77 Antwerpen 15/03/2026			PB (25m pool): 01:09.65 SB: 01:08.77 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.23	01:08.77	
	00:33.23	00:35.54	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:16, starttime: 09:30
Heat: 16/27 Lane : 6 Athlete: POTIER JOLIE			Q-time: 01:09:27
PB (50m pool): 01:08.99 Antwerpen 08/03/2026			PB (25m pool): 01:08.15 SB: 01:08.99 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:32.64	01:08.99	
	00:32.64	00:36.35	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:17, starttime: 09:30
Heat: 17/27 Lane : 0 Athlete: WAIGNEIN ROSIE			Q-time: 01:09:05
PB (50m pool): 01:05.32 Antwerpen 08/03/2026			PB (25m pool): 01:03.79 SB: 01:05.32 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:32.02	01:05.32	
	00:32.02	00:33.30	
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:17, starttime: 09:30
Heat: 17/27 Lane : 2 Athlete: VANHAECKE JULIETTE			Q-time: 01:08:76
PB (50m pool): 01:07.95 Antwerpen 15/03/2026			PB (25m pool): 01:06.87 SB: 01:07.95 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.63	01:07.95	
	00:32.63	00:35.32	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:17, starttime: 09:30
Heat: 17/27 Lane : 8 Athlete: VAN DER PLAS LOTTE			Q-time: 01:09:03
PB (50m pool): 01:09.03 Antwerpen 20/07/2025			PB (25m pool): 01:06.47 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.73	01:09.03	
	00:32.73	00:36.30	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:19, starttime: 09:35
Heat: 19/27 Lane : 0 Athlete: BAEKE STINE			Q-time: 01:07:45
PB (50m pool): 01:06.43 Antwerpen 15/03/2026			PB (25m pool): 01:06.03 SB: 01:06.43 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.32	01:06.43	
	00:31.32	00:35.11	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:20, starttime: 09:35
Heat: 20/27 Lane : 7 Athlete: BLANCQUAERT CAMILLE			Q-time: 01:05:85
PB (50m pool): 01:04.69 Antwerpen 08/03/2026			PB (25m pool): 01:02.78 SB: 01:04.69 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:31.41	01:04.69	
	00:31.41	00:33.28	
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:21, starttime: 09:35
Heat: 21/27 Lane : 8 Athlete: DEN BAES ELISE			Q-time: 01:05:11
PB (50m pool): 01:03.95 Antwerpen 21/04/2024			PB (25m pool): 01:04.85 SB: 01:04.16 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:03.95	
	no time		
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:22, starttime: 09:40
Heat: 22/27 Lane : 2 Athlete: DE VREESE JULIE			Q-time: 01:04:37
PB (50m pool): 01:03.13 Eindhoven 22/03/2026			PB (25m pool): 01:02.18 SB: 01:03.13 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:30.21	01:03.13	
	00:30.21	00:32.92	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:22, starttime: 09:40
Heat: 22/27 Lane : 6 Athlete: MARTELé SARA			Q-time: 01:04:30
PB (50m pool): 01:02.20 Antwerpen 21/04/2024			PB (25m pool): 01:02.35 SB: 01:02.89 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:02.20	
	no time		
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:24, starttime: 09:40
Heat: 24/27 Lane : 2 Athlete: SCHRAM MILA			Q-time: 01:02:82
PB (50m pool): 01:02.08 Antwerpen 08/03/2026			PB (25m pool): 01:01.44 SB: 01:02.08 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:30.30	01:02.08	
	00:30.30	00:31.78	
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:24, starttime: 09:40
Heat: 24/27 Lane : 7 Athlete: VANGAMPELAERE LAURA			Q-time: 01:02:88
PB (50m pool): 01:02.88 Gent 08/02/2026			PB (25m pool): 01:01.07 SB: 01:02.88 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:30.44	01:02.88	
	00:30.44	00:32.44	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:24, starttime: 09:40
Heat: 24/27 Lane : 8 Athlete: OLDE BIJVANK FEMKE			Q-time: 01:03:09
PB (50m pool): 01:01.99 Antwerpen 28/07/2024			PB (25m pool): 01:01.12 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:01.99	
	no time		
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:26, starttime: 09:45
Heat: 26/27 Lane : 0 Athlete: VAN HERPE MILLY			Q-time: 01:02:02
PB (50m pool): 01:02.02 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:01.99 SB: 01:03.06 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:29.68	01:02.02	
	00:29.68	00:32.34	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:26, starttime: 09:45
Heat: 26/27 Lane : 6 Athlete: VAN GYSEL MAITE			Q-time: 00:59:40
PB (50m pool): 00:59.20 Antwerpen 22/03/2026			PB (25m pool): 00:57.99 SB: 00:59.20 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:28.61	00:59.20	
	00:28.61	00:30.59	
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:27, starttime: 09:45
Heat: 27/27 Lane : 2 Athlete: HOSTE CELESTE			Q-time: 00:59:54
PB (50m pool): 01:01.45 Antwerpen 22/03/2026			PB (25m pool): no time SB: 01:01.45 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:29.60	01:01.45	
	00:29.60	00:31.85	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:27, starttime: 09:45
Heat: 27/27 Lane : 7 Athlete: DE DECKER FEBE			Q-time: 01:00:55
PB (50m pool): 01:00.48 Olympic Pool Wezenberg, Antwer 29/03/2026			PB (25m pool): 00:59.35 SB: 01:00.48 Olympic Pool Wezenberg, Antwer 29/03/2026
	5 0 M	1 0 0 M	
PB	00:29.14	01:00.48	
	00:29.14	00:31.34	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 09:45
Heat: 1/24 Lane : 3 Athlete: SCHRAM THOR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 09:45
Heat: 1/24 Lane : 5 Athlete: KOCKX HENRI			Q-time: 99:99:99
PB (50m pool): 01:17.34 Eindhoven 24/03/2024			PB (25m pool): 01:15.85 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:17.34	
	no time		
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 09:55
Heat: 3/24 Lane : 6 Athlete: VAN HULLE MAURO			Q-time: 01:59:90
PB (50m pool): 01:52.67 Antwerpen 15/03/2026			PB (25m pool): 01:58.34 SB: 01:52.67 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:54.31	01:52.67	
	00:54.31	00:58.36	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 09:55
Heat: 3/24 Lane : 8 Athlete: GURICKX ALEXANDER			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:34.73 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:8, starttime: 10:05
Heat: 8/24 Lane : 6 Athlete: TEIRLINCK TIGO			Q-time: 01:37:13
PB (50m pool): 01:36.83 Antwerpen 08/03/2026			PB (25m pool): 01:34.02 SB: 01:36.83 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:46.62	01:36.83	
	00:46.62	00:50.21	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:9, starttime: 10:05
Heat: 9/24 Lane : 5 Athlete: VANHULLE WILLEM			Q-time: 01:34:84
PB (50m pool): 01:31.05 Eindhoven 22/03/2026			PB (25m pool): 01:30.28 SB: 01:31.05 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:43.50	01:31.05	
	00:43.50	00:47.55	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:10, starttime: 10:10
Heat: 10/24 Lane : 4 Athlete: BODDAERT LUCAS			Q-time: 01:32:24
PB (50m pool): 01:30.44 Antwerpen 15/03/2026			PB (25m pool): 01:34.54 SB: 01:30.44 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:42.97	01:30.44	
	00:42.97	00:47.47	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:11, starttime: 10:10
Heat: 11/24 Lane : 3 Athlete: TURPIJN JULES			Q-time: 01:31:47
PB (50m pool): 01:29.95 Antwerpen 15/03/2026			PB (25m pool): 01:29.59 SB: 01:29.95 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:42.71	01:29.95	
	00:42.71	00:47.24	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:11, starttime: 10:10
Heat: 11/24 Lane : 7 Athlete: RABAEYS LUCAS			Q-time: 01:31:65
PB (50m pool): 01:27.48 Antwerpen 15/03/2026			PB (25m pool): 01:21.76 SB: 01:27.48 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:41.59	01:27.48	
	00:41.59	00:45.89	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:12, starttime: 10:15
Heat: 12/24 Lane : 3 Athlete: VIAENE MAXIM			Q-time: 01:28:77
PB (50m pool): 01:28.77 WACHTEBEKE 19/01/2025			PB (25m pool): 01:24.89 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:28.77	
	no time		
			

Coach feedback:

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Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:12, starttime: 10:15
Heat: 12/24 Lane : 7 Athlete: DE DECKER TIBE			Q-time: 01:29:13
PB (50m pool): 01:29.13 Eindhoven 16/03/2025			PB (25m pool): 01:16.61 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.04	01:29.13	
	00:42.04	00:47.09	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:13, starttime: 10:15
Heat: 13/24 Lane : 2 Athlete: BOGAERTS SANDER			Q-time: 01:26:63
PB (50m pool): 01:25.38 Antwerpen 08/03/2026			PB (25m pool): 01:30.09 SB: 01:25.38 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:40.24	01:25.38	
	00:40.24	00:45.14	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:13, starttime: 10:15
Heat: 13/24 Lane : 4 Athlete: HINDRYCKX MAURO			Q-time: 01:26:31
PB (50m pool): 01:25.93 Antwerpen 15/03/2026			PB (25m pool): 01:31.02 SB: 01:25.93 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.72	01:25.93	
	00:40.72	00:45.21	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:15, starttime: 10:20
Heat: 15/24 Lane : 1 Athlete: ROSIERS MATHIAS			Q-time: 01:24:41
PB (50m pool): 01:24.41 Gent 08/02/2026			PB (25m pool): 01:22.94 SB: 01:24.41 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:39.90	01:24.41	
	00:39.90	00:44.51	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:16, starttime: 10:20
Heat: 16/24 Lane : 6 Athlete: DE VREESE SEPPE			Q-time: 01:22:86
PB (50m pool): 01:21.13 Antwerpen 08/03/2026			PB (25m pool): 01:24.26 SB: 01:21.13 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:39.19	01:21.13	
	00:39.19	00:41.94	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:17, starttime: 10:25
Heat: 17/24 Lane : 5 Athlete: BOGAERTS THIJS			Q-time: 01:20:85
PB (50m pool): 01:17.95 Eindhoven 24/03/2024			PB (25m pool): 01:15.97 SB: 01:18.92 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:17.95	
	no time		
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:17, starttime: 10:25
Heat: 17/24 Lane : 8 Athlete: LOEYS EWOUT			Q-time: 01:21:90
PB (50m pool): 01:21.90 Gent 08/02/2026			PB (25m pool): 01:25.48 SB: 01:21.90 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:39.11	01:21.90	
	00:39.11	00:42.79	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:18, starttime: 10:25
Heat: 18/24 Lane : 1 Athlete: LAFAUT JEROME			Q-time: 01:20:49
PB (50m pool): 01:19.46 Antwerpen 08/03/2026			PB (25m pool): 01:19.63 SB: 01:19.46 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:37.24	01:19.46	
	00:37.24	00:42.22	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:18, starttime: 10:25
Heat: 18/24 Lane : 6 Athlete: LEROUX WOUT			Q-time: 01:19:84
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:19, starttime: 10:25
Heat: 19/24 Lane : 2 Athlete: LANNOY CAS			Q-time: 01:18:70
PB (50m pool): 01:18.70 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:13.88 SB: 01:20.05 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.70	01:18.70	
	00:36.70	00:42.00	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:19, starttime: 10:25
Heat: 19/24 Lane : 6 Athlete: COUTANT YARNE			Q-time: 01:18:68
PB (50m pool): 01:15.75 Eindhoven 22/03/2026			PB (25m pool): 01:16.17 SB: 01:15.75 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:35.40	01:15.75	
	00:35.40	00:40.35	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:21, starttime: 10:30
Heat: 21/24 Lane : 0 Athlete: ROSIERS NICOLAS			Q-time: 01:16:04
PB (50m pool): 01:16.04 Lochristi 01/02/2026			PB (25m pool): 01:13.27 SB: 01:16.04 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:16.04	
	no time		
			

Coach feedback:

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Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:22, starttime: 10:30
Heat: 22/24 Lane : 2 Athlete: CLAEYS OSCAR			Q-time: 01:12:31
PB (50m pool): 01:11.54 Antwerpen 22/03/2026			PB (25m pool): 01:09.22 SB: 01:11.54 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:33.46	01:11.54	
	00:33.46	00:38.08	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:23, starttime: 10:35
Heat: 23/24 Lane : 0 Athlete: LAFAUT LEON			Q-time: 01:14:62
PB (50m pool): 01:13.00 Antwerpen 22/03/2026			PB (25m pool): 01:12.46 SB: 01:13.00 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:33.96	01:13.00	
	00:33.96	00:39.04	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:1, starttime: 10:50
Heat: 1/25 Lane : 7 Athlete: OLDE BIJVANK FEMKE			Q-time: 99:99:99
PB (50m pool): 01:12.65 Zwembad Brigitte Becue Oostend 19/07/2025			PB (25m pool): 01:09.51 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:12.65	
	no time		
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:2, starttime: 10:55
Heat: 2/25 Lane : 7 Athlete: MARTELÉ SARA			Q-time: 99:99:99
PB (50m pool): 01:13.27 Antwerpen 28/07/2024			PB (25m pool): 01:11.77 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:13.27	
	no time		
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 10:55
Heat: 3/25 Lane : 0 Athlete: AUDENAERT LORE			Q-time: 01:52:53
PB (50m pool): 01:52.53 Gent 08/02/2026			PB (25m pool): no time SB: 01:52.53 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:52.18	01:52.53	
	00:52.18	01:00.35	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:5, starttime: 11:00
Heat: 5/25 Lane : 0 Athlete: RABAEYS LAURE			Q-time: 01:38:46
PB (50m pool): 01:36.83 Antwerpen 15/03/2026			PB (25m pool): 01:39.27 SB: 01:36.83 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:47.56	01:36.83	
	00:47.56	00:49.27	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 11:05
Heat: 6/25 Lane : 3 Athlete: VANSIELEGHEM AMBER			Q-time: 01:34:01
PB (50m pool): 01:30.58 Antwerpen 15/03/2026			PB (25m pool): 01:35.35 SB: 01:30.58 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:44.45	01:30.58	
	00:44.45	00:46.13	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:7, starttime: 11:05
Heat: 7/25 Lane : 5 Athlete: VAN DER PLAS SANNE			Q-time: 01:32:16
PB (50m pool): 01:30.95 Antwerpen 15/03/2026			PB (25m pool): 01:28.00 SB: 01:30.95 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:44.75	01:30.95	
	00:44.75	00:46.20	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:16, starttime: 11:25
Heat: 16/25 Lane : 0 Athlete: ANSEEUW LIEZE			Q-time: 01:20:33
PB (50m pool): 01:17.72 Antwerpen 15/03/2026			PB (25m pool): 01:19.90 SB: 01:17.72 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.96	01:17.72	
	00:38.96	00:38.76	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:16, starttime: 11:25
Heat: 16/25 Lane : 4 Athlete: VAN HERPE MILLY			Q-time: 01:18:98
PB (50m pool): 01:18.33 Antwerpen 15/03/2026			PB (25m pool): 01:17.11 SB: 01:18.33 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.08	01:18.33	
	00:38.08	00:40.25	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:17, starttime: 11:25
Heat: 17/25 Lane : 7 Athlete: VANHAECKE JULIETTE			Q-time: 01:18:59
PB (50m pool): 01:18.59 Antwerpen 13/07/2025			PB (25m pool): 01:16.25 SB: 01:19.38 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:38.53	01:18.59	
	00:38.53	00:40.06	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:17, starttime: 11:25
Heat: 17/25 Lane : 9 Athlete: POTIER JOLIE			Q-time: 01:18:95
PB (50m pool): 01:18.88 Antwerpen 08/03/2026			PB (25m pool): 01:16.69 SB: 01:18.88 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:38.56	01:18.88	
	00:38.56	00:40.32	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:18, starttime: 11:30
Heat: 18/25 Lane : 1 Athlete: WAIGNEIN ROSIE			Q-time: 01:17:91
PB (50m pool): 01:16.84 Antwerpen 08/03/2026			PB (25m pool): 01:16.31 SB: 01:16.84 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:37.77	01:16.84	
	00:37.77	00:39.07	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:18, starttime: 11:30
Heat: 18/25 Lane : 8 Athlete: VAN DER PLAS LOTTE			Q-time: 01:17:94
PB (50m pool): 01:15.40 Antwerpen 08/03/2026			PB (25m pool): 01:15.11 SB: 01:15.40 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:36.33	01:15.40	
	00:36.33	00:39.07	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:23, starttime: 11:35
Heat: 23/25 Lane : 1 Athlete: VAN GYSEL MAITE			Q-time: 01:10:76
PB (50m pool): 01:10.76 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:07.23 SB: 01:11.61 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:34.35	01:10.76	
	00:34.35	00:36.41	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:23, starttime: 11:35
Heat: 23/25 Lane : 7 Athlete: VANGAMPELAERE LAURA			Q-time: 01:10:53
PB (50m pool): 01:09.01 Zwembad Brigitte Becue Oostend 10/05/2025			PB (25m pool): 01:07.50 SB: 01:12.50 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:09.01	
	no time		
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:25, starttime: 11:40
Heat: 25/25 Lane : 8 Athlete: BLANCQUAERT CAMILLE			Q-time: 01:10:98
PB (50m pool): 01:10.40 Antwerpen 08/03/2026			PB (25m pool): 01:09.44 SB: 01:10.40 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:34.34	01:10.40	
	00:34.34	00:36.06	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:2, starttime: 11:45
Heat: 2/22 Lane : 2 Athlete: DUMONT SIEBE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 11:50
Heat: 4/22 Lane : 9 Athlete: BOGAERTS THIJS			Q-time: 99:99:99
PB (50m pool): 01:11.96 Zwembad Brigitte Becue Oostend 10/05/2025			PB (25m pool): 01:09.47 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:11.96	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:6, starttime: 11:55
Heat: 6/22 Lane : 2 Athlete: TURPIJN JULES			Q-time: 01:29:89
PB (50m pool): 01:29.89 Gent 08/02/2026			PB (25m pool): 01:38.28 SB: 01:29.89 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:41.47	01:29.89	
	00:41.47	00:48.42	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:8, starttime: 12:00
Heat: 8/22 Lane : 7 Athlete: TEIRLINCK TIGO			Q-time: 01:25:74
PB (50m pool): 01:25.74 Gent 08/02/2026			PB (25m pool): no time SB: 01:25.74 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:39.50	01:25.74	
	00:39.50	00:46.24	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:9, starttime: 12:00
Heat: 9/22 Lane : 5 Athlete: HINDRYCKX MAURO			Q-time: 01:22:72
PB (50m pool): 01:16.64 Eindhoven 22/03/2026			PB (25m pool): no time SB: 01:16.64 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:35.14	01:16.64	
	00:35.14	00:41.50	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:11, starttime: 12:05
Heat: 11/22 Lane : 8 Athlete: DE VREESE SEPPE			Q-time: 01:18:33
PB (50m pool): 01:18.33 Gent 08/02/2026			PB (25m pool): 01:24.54 SB: 01:18.33 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:36.89	01:18.33	
	00:36.89	00:41.44	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:11, starttime: 12:05
Heat: 11/22 Lane : 9 Athlete: BOGAERTS SANDER			Q-time: 01:18:66
PB (50m pool): 01:18.09 Antwerpen 08/03/2026			PB (25m pool): 01:18.26 SB: 01:18.09 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:34.69	01:18.09	
	00:34.69	00:43.40	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:12, starttime: 12:05
Heat: 12/22 Lane : 3 Athlete: ROSIERS MATHIAS			Q-time: 01:15:62
PB (50m pool): 01:15.62 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:14.39 SB: no time			
	5 0 M	1 0 0 M	
PB	00:34.90	01:15.62	
	00:34.90	00:40.72	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:12, starttime: 12:05
Heat: 12/22 Lane : 6 Athlete: COUTANT YARNE			Q-time: 01:15:74
PB (50m pool): 01:15.74 Gent 08/02/2026 PB (25m pool): 01:15.36 SB: 01:15.74 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:33.51	01:15.74	
	00:33.51	00:42.23	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:13, starttime: 12:05
Heat: 13/22 Lane : 5 Athlete: VIAENE MAXIM			Q-time: 01:13:04
PB (50m pool): 01:13.04 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:11.64 SB: 01:18.19 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:33.35	01:13.04	
	00:33.35	00:39.69	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:13, starttime: 12:05
Heat: 13/22 Lane : 7 Athlete: VANHULLE WILLEM			Q-time: 01:14:70
PB (50m pool): 01:14.70 Gent 08/02/2026 PB (25m pool): 01:17.28 SB: 01:14.70 Gent 08/02/2026			
	5 0 M	1 0 0 M	
PB	00:35.44	01:14.70	
	00:35.44	00:39.26	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:14, starttime: 12:10
Heat: 14/22 Lane : 3 Athlete: ROSIERS NICOLAS			Q-time: 01:11:18
PB (50m pool): 01:11.18 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:08.97 SB: no time			
	5 0 M	1 0 0 M	
PB	00:32.66	01:11.18	
	00:32.66	00:38.52	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:16, starttime: 12:10
Heat: 16/22 Lane : 3 Athlete: LOEYS EWOUT			Q-time: 01:08:16
PB (50m pool): 01:06.53 Antwerpen 08/03/2026 PB (25m pool): 01:04.96 SB: 01:06.53 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:30.40	01:06.53	
	00:30.40	00:36.13	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:16, starttime: 12:10
Heat: 16/22 Lane : 7 Athlete: KOCKX HENRI			Q-time: 01:08:62
PB (50m pool): 01:08.62 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:05.61 SB: no time			
	5 0 M	1 0 0 M	
PB	00:32.24	01:08.62	
	00:32.24	00:36.38	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:17, starttime: 12:15
Heat: 17/22 Lane : 2 Athlete: LAFAUT JEROME			Q-time: 01:06:69
PB (50m pool): 01:06.51 Antwerpen 08/03/2026 PB (25m pool): 01:04.81 SB: 01:06.51 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:30.90	01:06.51	
	00:30.90	00:35.61	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:20, starttime: 12:20
Heat: 20/22 Lane : 3 Athlete: LEROUX WOUT			Q-time: 00:59:77
PB (50m pool): 00:59.74 Antwerpen 28/07/2024			PB (25m pool): 00:59.33 SB: 01:00.33 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	no time	00:59.74	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:21, starttime: 12:20
Heat: 21/22 Lane : 5 Athlete: SCHRAM THOR			Q-time: 00:58:76
PB (50m pool): 00:58.08 Antwerpen 22/03/2026			PB (25m pool): 00:57.90 SB: 00:58.08 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:27.40	00:58.08	
	00:27.40	00:30.68	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:22, starttime: 12:20
Heat: 22/22 Lane : 0 Athlete: VAN DEURSEN SIEBE			Q-time: 01:03:05
PB (50m pool): 01:03.05 Antwerp 09/02/2025			PB (25m pool): 01:01.86 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.40	01:03.05	
	00:29.40	00:33.65	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:22, starttime: 12:20
Heat: 22/22 Lane : 2 Athlete: CLAEYS OSCAR			Q-time: 01:01:16
PB (50m pool): 01:01.16 Antwerpen 27/07/2025			PB (25m pool): 00:59.42 SB: 01:01.29 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:28.01	01:01.16	
	00:28.01	00:33.15	
			

Coach feedback: